

Little
Forest

リトル・フォレスト

15th dish

Carrots and Greens



On frosty mornings
you can see white
smoke making it's
way up all across
Komori.



Like from
the heating of
the shiitake
mushroom
farms.



I set
a fire
under
the
device
that
makes
the
char-
coal.

Frost
every-
where.



or the smoke
from making rice
hull charcoal.

Frosty
frost.

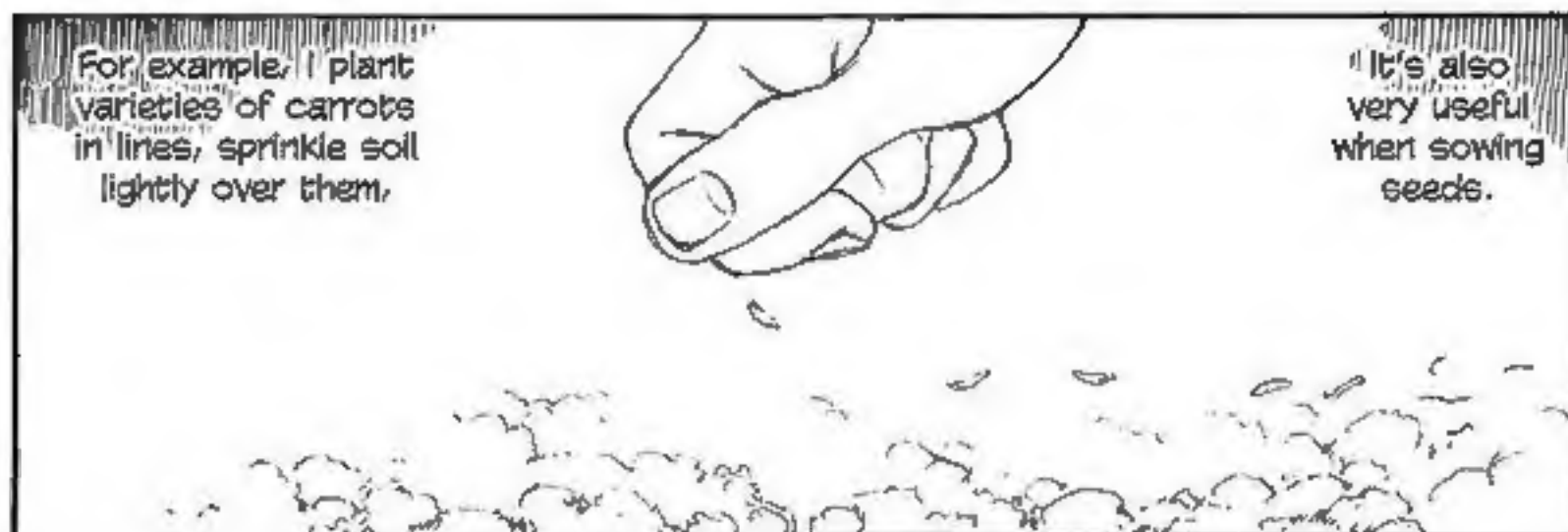


I spread it around the fields and paddies and it improves the soil.



I make a mountain out of the hulls from the rice.

Rice hull charcoal is made from them.



For example, I plant varieties of carrots in lines, sprinkle soil lightly over them.

It's also very useful when sowing seeds.

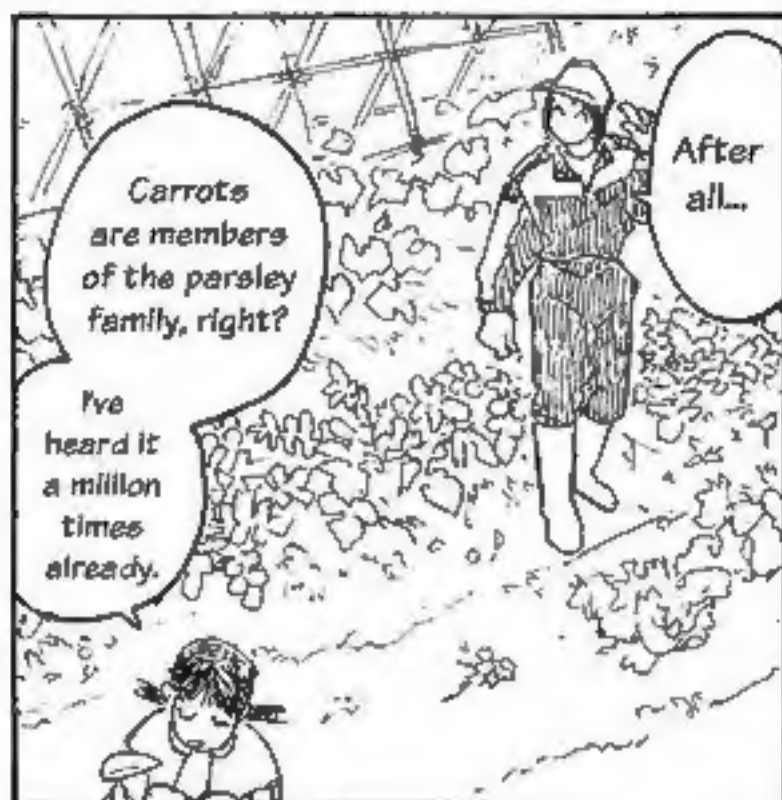


and also maintains the level of moisture so it doesn't get too dry.

It helps prevent the soil from stiffening when it's hit by strong rains,

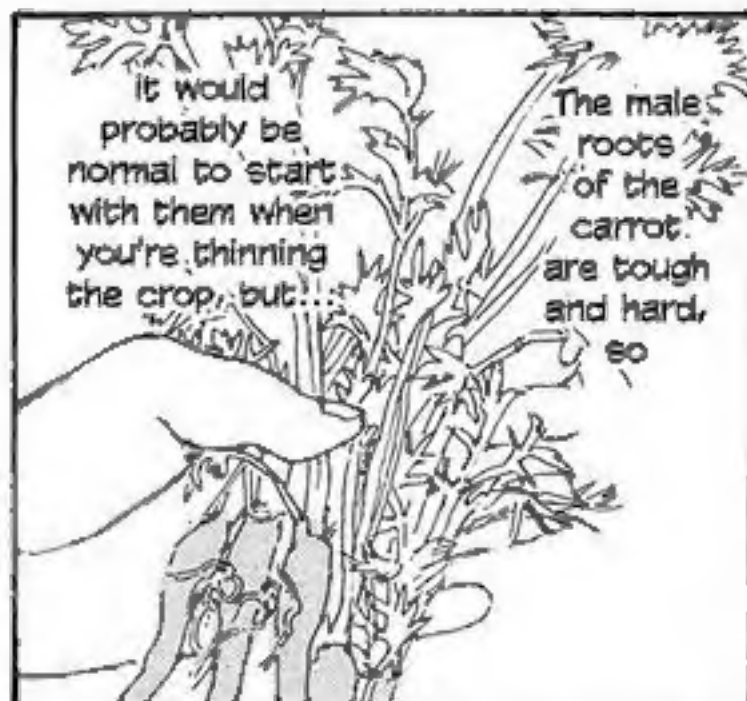
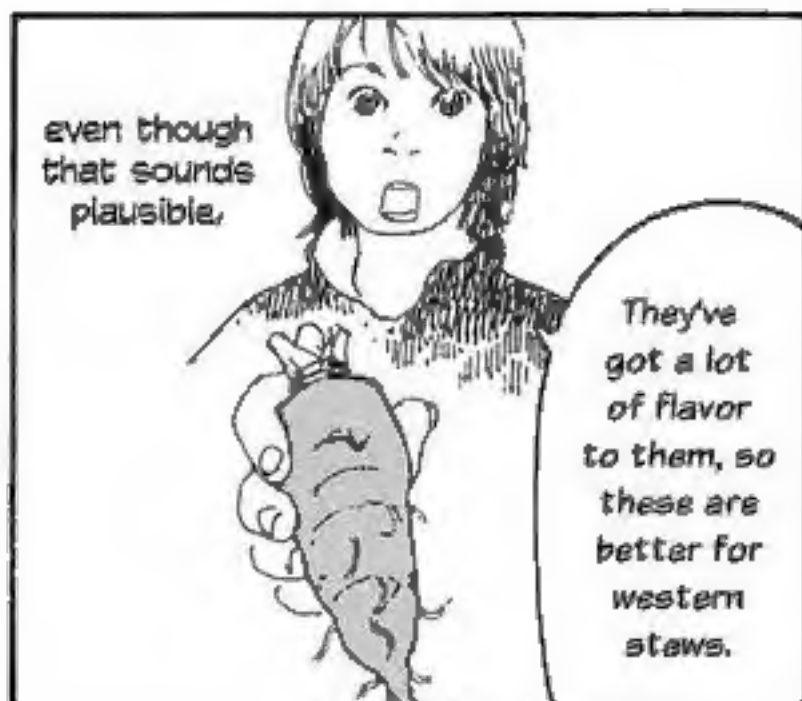


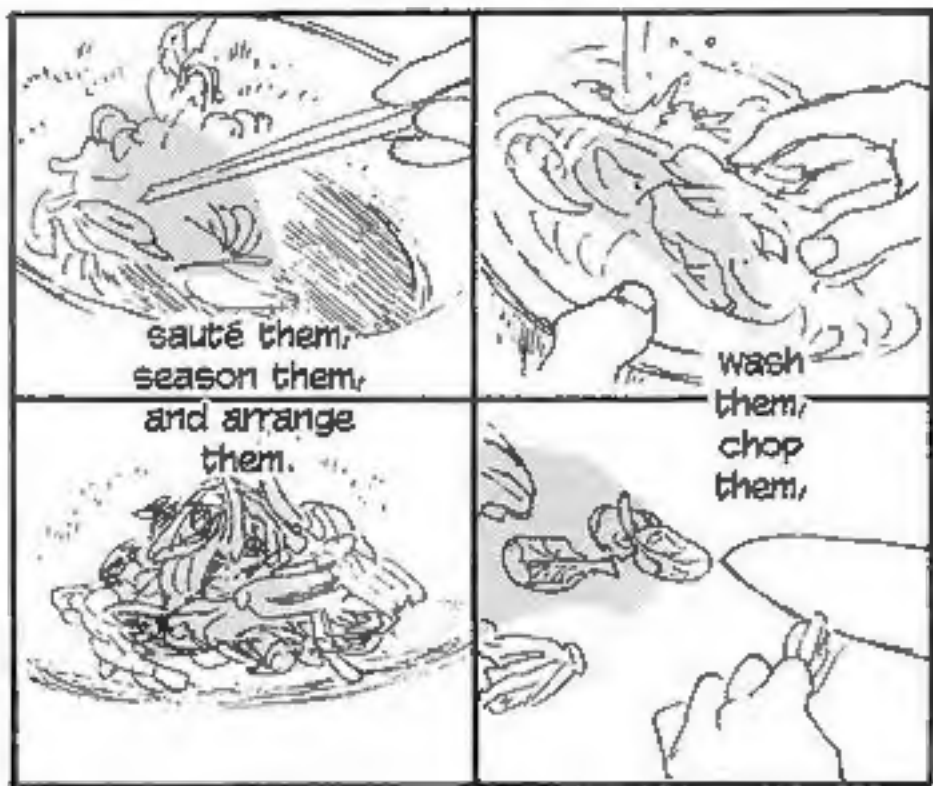
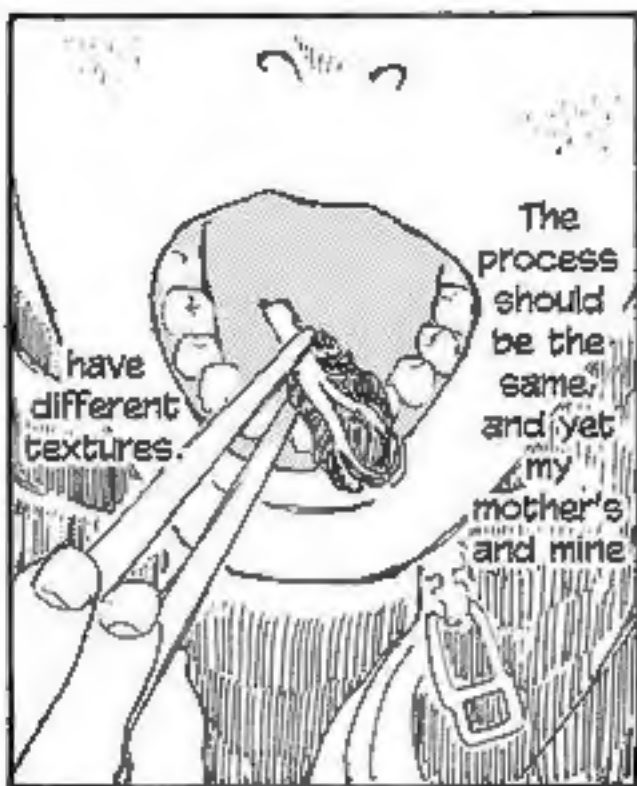
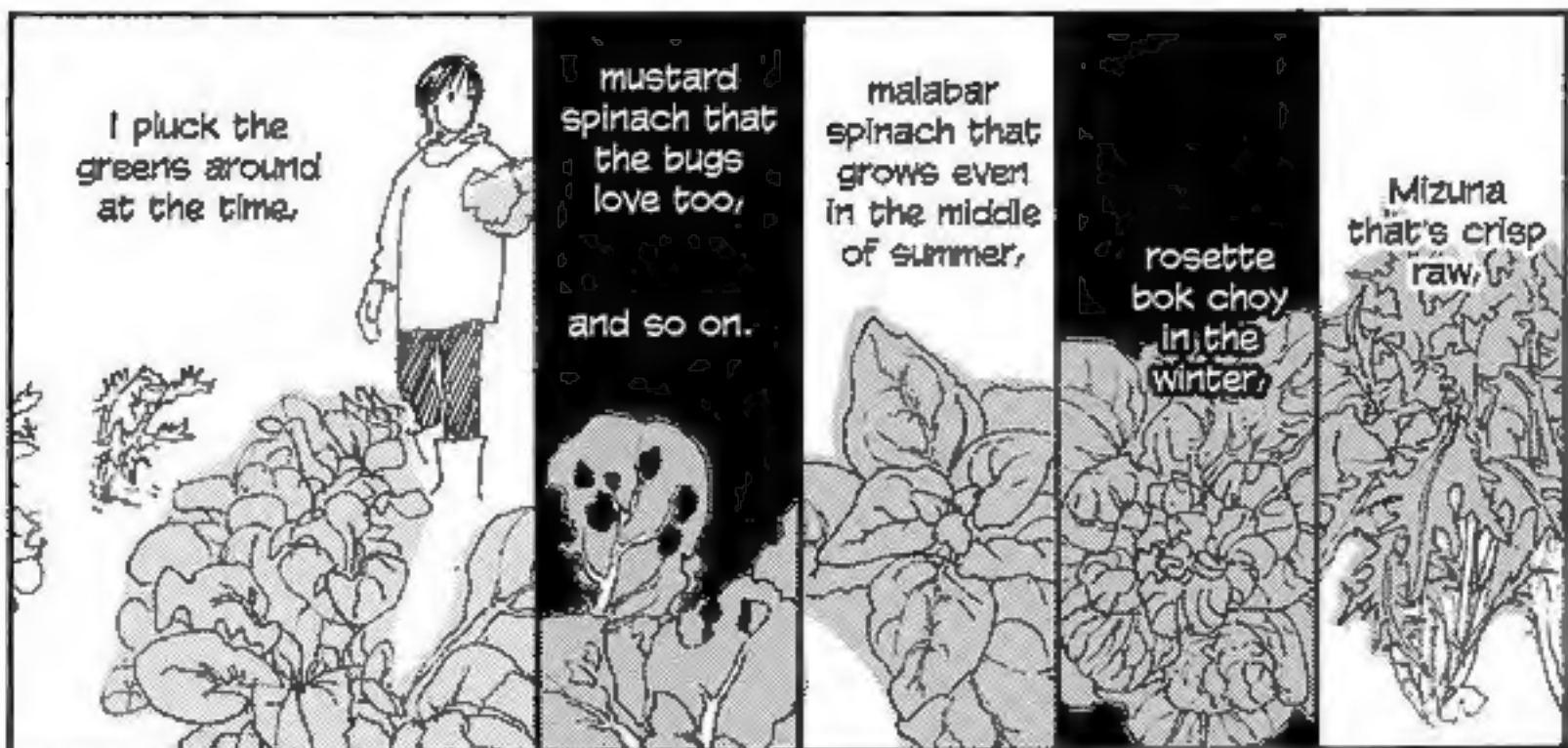
and then cover it with rice hull charcoal.

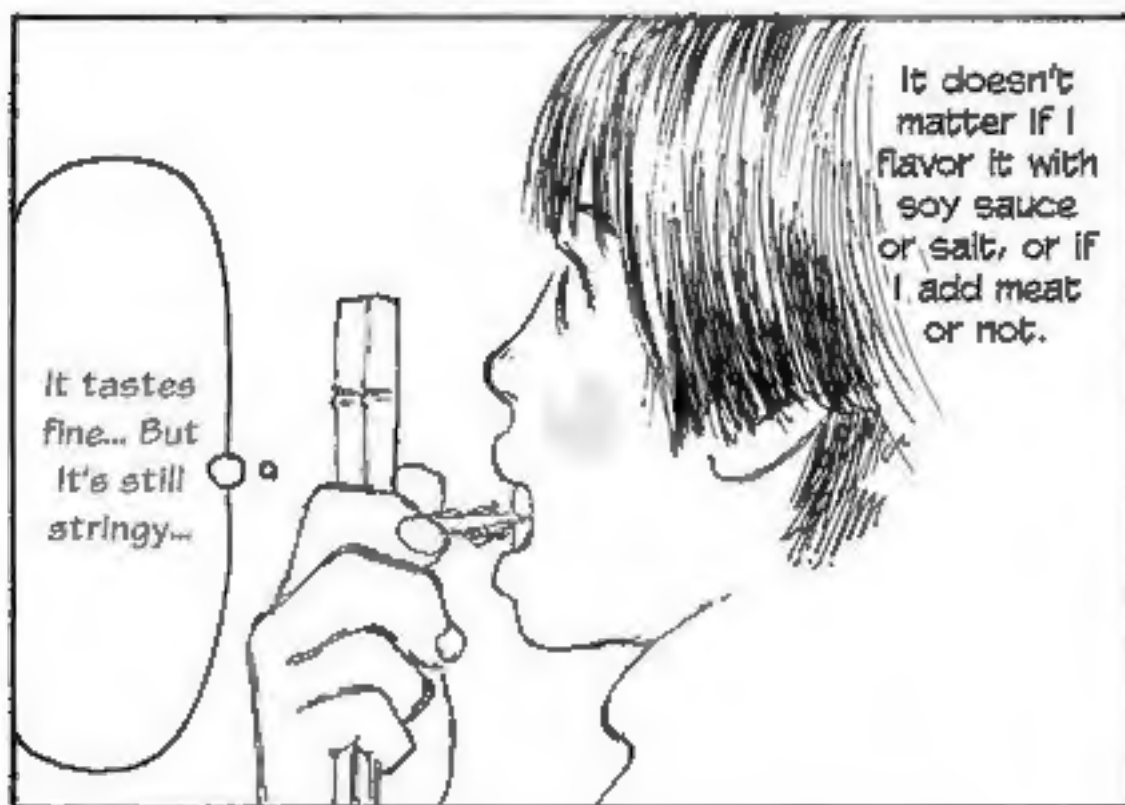


Note: Male ones = male roots

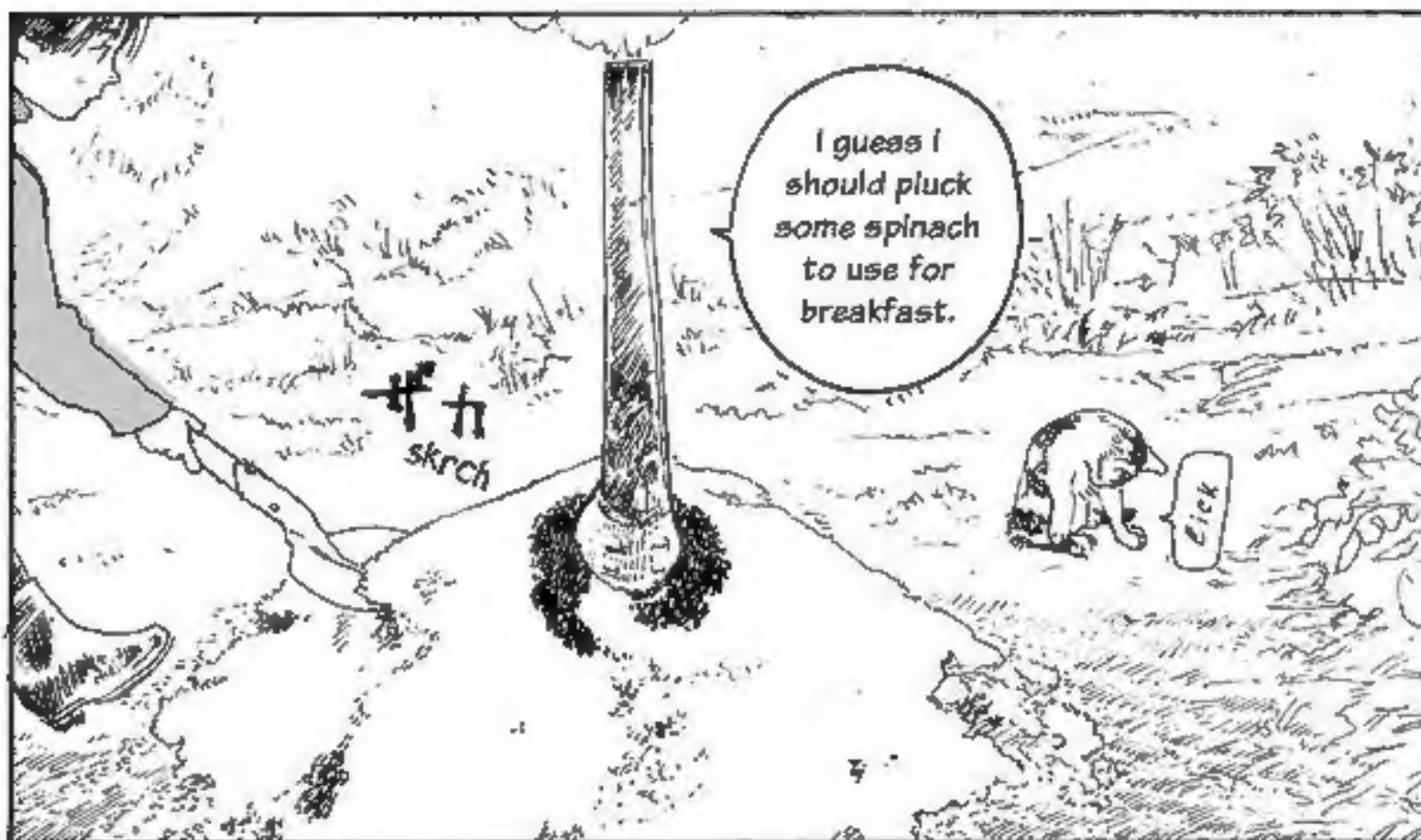














Carrots that I harvested.

For western
style meat type
stew dishes, I
usually add
grated carrots
separately as
an ingredient to
increase the
flavor.



Beef Stew



When it comes to pests that eat and cause damage to watermelons, melons, and corn, the names that always come up are "mujina", "mami", and "karasu". "Karasu" are obviously crows, but I didn't know what "mujina" and "mami" were. When I asked the older ladies around here, it seemed that "mujina" are most likely badgers and "mami" are martens. However, depending on who you ask, they may tell you that it's the other way around...

I guess I just don't get it.